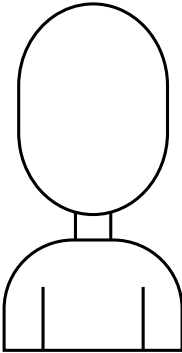


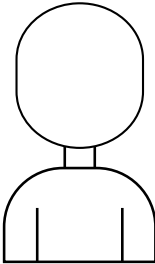


Homework: Theme 9

Think ahead to a daily stressful event.

Everyday activity, e.g. feeding, mealtime, getting out house, child going to sleep

Parent				
1			6	
2			7	
3			8	
4			9	
5			10	

Child				
1			6	
2			7	
3			8	
4			9	
5			10	

What did you do?